

Arla® Protein

Arla Protein Chocolate Pudding 200g

EAN

5711953197529

Material number

608332

Description

Arla Protein Chocolate Pudding is a delicious low fat pudding that contains 20g protein and is less than 150 calories per pot, with no added sugar. Treat yourself without compromise - enjoy on the go or as an alternative to a dessert. Ideally stocked in convenience stores, gyms, professional sport clubs and hospitals providing a healthy breakfast or filling snack. Farmer owned and suitable for vegetarians.

Ingredients

Milk, Milk protein, Erythritol (E968), Fat-reduced cocoa powder, Natural flavouring, Enzyme Lactase, Carrageenan (E407), Guar gum (E412), Trisodium citrate, Amino acid mix (L-Leucine 72%, L-Isoleucine 18%, L-Valine 9.1%), Vitamin D3, Steviol glycosides, Magnesium carbonate (E504(i))

Nutrition per 100 g

Energy	*327 kJ/77 kcal*
Fat	*1.5 g*
Saturated fat	*0.9 g*
Carbohydrate	*6.6 g*
Sugar	*4.4 g*
Protein	*10 g*
Salt	*0.19 g*