



Arla® Skyr  
**Arla Skyr Sour Cherry Yogurt 150g**



**EAN**

5711953027857

**Material number**

54864 1x150 g

**Description**

Fat free. Reduced sugar. High protein. Contains no artificial colours or flavours. Suitable for vegetarians. For hundreds of years Icelanders have enjoyed the nutritious benefits of skyr (pronounced 'skee-er') as part of their daily diet. Carefully strained to create a delicious, silky texture, it's low in fat, reduced sugar, but high in protein. It's Icelandic style super yogurt.

**Storage information**

Temperature Min: 2 °C. Temperature Max: 5 °C



**Ingredients**

Skyr Yogurt (Skimmed Milk) (85%) Sour Cherries (7.5%) Sugar (3.7%) Maize Starch

| Nutrition per 100 g |           |
|---------------------|-----------|
| Kcal                | 76.2 kcal |
| kJ                  | 334 kJ    |
| Fat                 | 0.2 g     |
| Saturated fat       | 0.1 g     |
| Carbohydrate        | 8.6 g     |
| Sugar               | 8.1 g     |
| Protein             | 9.2 g     |
| Salt                | 0.1 g     |
| Calcium             | 0 g       |